

# Barwon Sports Academy

## 13/U NETBALL TRIALS

(1<sup>st</sup> year athletes 2011 birth year)

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**Date:** Saturday 30<sup>th</sup> of November  
**Time:** 8:30am Registration, 9-11am trials  
**Location:** Kardinia Park Netball Stadium  
**Who attends:** Girls born in 2011 & reside in the Barwon region

### What can you expect in the session?

- *Group warm up*
- *Introduction and explanation of what coaches are looking for at this stage. (Program manager Susan Meaney)*
- *Overview of BSA Netball program (1<sup>st</sup>, 2<sup>nd</sup> yr in 2024)*
- *Trials*
- *Warm down and group message of how squad will be announced.*

### How do you register to trial for the event?

Registration for the event must be done through the try booking event page. Please use the below link or QR code to register for the trials.

Registration link: <https://forms.office.com/r/g26SrPg5wz> QR CODE:



*“We encourage girls to trial and encourage coaches and clubs to put forward talented girls in 2025.”*

**BSA NETBALL TRIALS REGISTRATION (2011 birth year)**

*In 2025 the Barwon Sports Academy is partnering with Netball Victoria to deliver a local netball program to a select group of talented girls aged 13 and under. These are girls born specifically in 2011.*

*The program will give netballers in the Barwon region the best level of support and education, so that they can give themselves the best opportunity to develop their skills and understandings to trial for further opportunities with local association representative sides, regional sides, Netball Victoria zone and state squads.*

*The Barwon Sports Academy netball program is looking for young athletes who have the potential to develop their fundamental skills through;*

- 1. A series of technical and tactical skill development sessions*
- 2. 15-20 Strength & Conditioning (S&C) Sessions*
- 3. Holistic education program which will include Netball specific education*
- 4. Netball Victoria Regional Inter-Academy Challenge (Talent ID Opportunity for talent academy squads)*

*In 2025 the BSA Netball program will aim to shift the majority of its court and S&C sessions to post Association Championships to avoid the busiest period of the netball year. We seek to do this to allow players and families clarity and space to maximise association rep experience in this period especially the Barwon Junior Netball Competition, and to avoid clashes and Calendar congestion.*

*We are asking local representative coaches, parents and club representatives to promote this opportunity and to encourage girls who fit this category, to register. We are looking for athletes who are talented and aspiring to achieve the higher level with their netball.*

*Please complete the following registration on*

<https://forms.office.com/r/g26SrPg5wz>

QR CODE:



*If anyone has any questions about the trials or problems registering for the event, please email Ross Celano (BSA programs coordinator) at [services@barwonsportsacademy.org.au](mailto:services@barwonsportsacademy.org.au)*

*We look forward to seeing you on **Saturday 30<sup>th</sup> of November.***

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